

Generations Discipleship School

Expectations and Guidelines

At GDS, we desire to disciple and form responsible and able young people in all facets of life. We believe that personal discipline and self control are vital aspects to the life of the individual who truly desires to be like Christ. The following expectations and guidelines have been put into place to stimulate and facilitate this necessary development.

- A. At Home**
 - 1. Family Life
 - 2. Responsibility
 - 3. Dress
 - 4. Transportation
 - 5. Breaks
 - 6. Entertainment

- B. At School**
 - 1. Daily Expectations
 - 2. Classroom
 - 3. Homework/Work
 - 4. Church
 - 5. Outings
 - 6. Mentors
 - 7. Dress
 - 8. Ministry
 - 9. Monday Club
 - 10. Church Building
 - 11. Relationships

A. At Home

The expectations and guidelines provided here are to aid to provide a smooth transition into your host family's home and to facilitate a profitable stay throughout the duration of GDS.

1. Family Life

Bedroom - During your time at GDS, you'll be expected to keep your room clean and tidy. There will be one check a week done by your host family to see if your room is neat. For those who fail to keep their room clean, they will receive Monday Club credits (to be explained later).

Telephone – Long Distance Calls. If your host family has a long distance program and they do not mind you using the phone, you can arrange with your host family how it works. If not, you will have to purchase a long distance calling card on your own expense. Other telephone responsibilities will be discussed with your family upon your arrival. If you have a cell phone, you'll be required to manage the phone yourselves.

Computer – Your host family may or may not have a local internet connection. You will have to work out the details with your host family for computer use. If you have a computer, you may talk with your host family to use their internet connection on your computer, but they are not obligated. There are places in town with internet connections available to the public. For those coming with their own computers, they will need to install X3 watch upon their arrival at the school (an accountability program).

Curfew – During school nights, lights out will be at 11:00. This means you must be in your house by at least 10:30 (unless otherwise communicated either by your host family or the school). During non-school nights, you must be at your house at 11:30 and lights out at midnight. You will have to discuss with your host family how the evenings will work because you may be the last person to go to bed. In this case, there may be special responsibilities for you or areas you may not be allowed to go. This will have to be communicated with your host family.

Laundry – If you are not used to doing your own laundry, now is the perfect time to learn. You'll have to have your host family show you how their particular machine works and set a time for you to do your laundry.

Food – You will have to bring a bag lunch to school on school days. Please respect your host family's' fridge; just because it's there doesn't mean the food is for you. You will have to arrange guidelines with your host families concerning snacks and other food. Dinner will generally be with your host family. If you cannot make it, or you have made other plans; you must communicate an hour before the usual time for dinner.

Music – The directorship of the school won't limit you to only Christian music, but we want you to consider the band's character, and the songs message as much as the music itself. You will also have to communicate with the family what is appropriate for their home, and respect the desires of the host family. Also, you will have to consider how loud you play your music in the house. If there are concerns about the music you're listening to, the directorship will communicate with you respectfully about the situation.

Family Night – One night a week, determined by you and your host family, you will have a family night. How this time is spent will be determined by the family.

Chores – Every week and Saturday morning (generally) you will have chores given to you by your host family. This is part of your contribution for your stay with the host family.

Weekends – There will be some weekends where will have events are activities organized by the school. Information for these weekends will be provided beforehand so you and your host families can organize your schedules. If there are no school activities and you have finished your responsibilities with your host family, you are free to spend your time as you want. We would like you, although we know sleep is important, to not waste your day in bed.

Bathroom/Shower – Be respectful by cleaning up after yourself and by not spending too much time in the bathroom getting ready. What you can do in your room, do in your room.

2. Responsibility

Much of your personal responsibility with your host family will be determined when you sit down with them and discuss your arrangements. Here are some general principles to make life easier and more pleasant for you:

- Be respectful

- Communicate with the host family

- Ask instead of assuming

- Take the time to your chores well the first time around

- Ask yourself if what you're doing is a good example for the host family's children (If there are any).

3. Dress

Guys – You must always wear at least a t-shirt outside of your room (and shorts or pants). No PJ's outside of your room; wear at least a shirt and shorts or pants.

Girls – No short-shorts, tank tops, or skin tight clothes outside your room (sleeveless shirts are OK). No PJ's outside of your room, a shirt and shorts or pants.

4. Transportation

If you are coming to the school with your own vehicle we'd expect you to follow the rules of the road, and the respective limits provided by your level of license (amount of people in the car with an "N", etc.). In addition, we ask that there not be one guy and one girl in a vehicle alone at any time. If there are members of the opposite sex in your vehicle then we'd ask that you take someone else along to where you need to go, and plan to be left with either guy-guy, or girl-girl in your car. Remember to be wise with how you drive with rising gas prices, and to keep your car clean.

5. Breaks

There will be official school breaks at Thanksgiving and Christmas. The specific dates will be provided at a later time.

6. Entertainment

This will be worked out in correlation with your host family to a maximum of 1.5 hours for television/video games and 1 hour of internet each day. We ask you to be discerning with the movies you watch and that they be rated PG or lower. If there is a higher rating, we expect you ask your host family if the movie is admissible or you ask the directorship of the school. Err on the side of caution and restraint.

B. At school

1. Daily Expectations

The general school schedule will be as follows:

8:30 – Worship and Prayer

9:30 – Reading break

9:45 – Coffee/Class prep.

10:00 – Class

11:00 – Break

11:15 – Class

12:00 – Lunch

1:00 – Afternoon activities and ministries

In general, we expect that you be 15 minutes early for activities. Also, you will eventually be leading the morning prayer times and teaching some classes. We will have schedules posted for you all, so you will be expected to come prepared and ready. If you absolutely cannot fulfill your school responsibilities, you must communicate to the director the night before or by 7:30 the same morning.

This schedule is only a general schedule, and will be subject to change according to guest ministries and other activities taking place throughout the school.

2. Classroom

No cell/Ipod's during the class times

No gum

Small snacks are allowed, no big food items (save lunch for lunch time)

Be respectful, there will be several different people sharing at the school (use your hand to ask questions, etc.).

Be on time, respect the time for class and the time for breaks

Respect the facilities, peers, buildings,

Try to keep bathroom use to the breaks so distractions are kept to a minimum

If you must leave, please communicate to one of the leaders

3. Homework/Work

Work - Like the classes, we expect you to be at least 15 minutes early for any activity or ministry you are involved in (there will be times where earlier times will be specified). For any activities or ministries you are involved in, you will be accountable to the respective leader is overseeing. Here are some guidelines to keep in mind:

Listen to their instructions and defer to their leadership. If you have suggestions to make, do so respectfully, but do not be offended if your suggestion is not carried through. There are probably considerations that you are unaware of.

If you are finished a task, ask a leader to see if there is anything else to finish.

If you are injured, let a leader know right away.

Doing a good job the first is faster than doing a job poorly twice.

Homework – Make sure you prioritize to finish your homework on time and that it is neat and legible. Unfinished homework will earn you Monday Club credits. Make sure you know when you are supposed to lead morning prayer or if you are teaching a class.

4. Church

There is often a lot to do Sunday morning before church. If you are not on the worship team, be at church at 9:45. If there is nothing left to do, be in the prayer room at 10:00. Sunday is not a day off and there may be other ministry opportunities after church. Do not make plans for Sunday afternoon until you know for sure you are not involved with an activity in the afternoon (ask, don't assume).

5. Outings/Trips

Special instructions for each trip will be given before leaving.
Bring proper identification and care card.
Listen to instructions.
Respect the vehicles and the environment.
Remember that you represent Christ and the church.
Don't go anywhere without anyone knowing or (generally) by yourself.

6. Mentors

We believe very strongly in the value of personal mentoring and are committed to providing close personal mentoring GDS students. This will be facilitated by the directors on a regular basis, and by more seasoned men and women of the Body at CCLF. We desire to see the generations of have in our community walking together as the generation that seeks God's face together.

7. Dress

There is no specific code or uniform we require you to wear at GDS, although there will be times when we ask you to dress nicer than you normally might. We ask that you consider others as you dress (what would best represent Christ's character) and that you use modesty as your guideline. If the GDS leadership talks to you about your dress, don't be offended. We are not trying to stifle your person; we are trying to discern what is best for the advancement of God's kingdom and the edification of His people. Here are some general guidelines:

Guys – No overly tight clothing (no skin tight, etc), no short-shorts, etc.

Girls – No spandex, tank tops (spaghetti straps), overly tight (skin tight) clothes. For swimsuits, one piece or two piece suits that don't show the stomach.

Also, while at the school, we ask that you restrain from getting any new tattoos or piercings.

8. Ministry

Prayer - See **B. 3. Work**

Prayer ministry will be done guy-guy, girl-girl.
More will follow in class.

Devotions – You will have to determine a time in the day to spend a time of devotion with the Lord. More will follow in class.

9. Monday Club

Generally, because Sunday is not a day off, Monday will be a day off; except if you have Monday Club. Each credit you earn for Monday Club will translate into one hour of work Monday afternoon. Credits are assigned by leadership in correlation with the host families. Things that earn credits are things like unfinished homework, being late, messy room, etc. A more complete list will be given at orientation.

10. Buildings

Although we use the church buildings for the school, we must remember that there are other things besides our school during the week. The administration building is still an office building during the week; there are other ministries taking place during the week. Please make sure your conduct is respectful of other ministries and of other people working. Make sure you knock before entering, and that you ask without demanding. There will be times when Pastor Rick, Marie, (Secretary) Hiedi (Children's Pastor) Morgan and Courtenay (Youth Pastors) will be willing to talk, but when they are busy please respect that they have to work.

11. Relationships

If you are coming to the school and are not already in a relationship, we ask that you not embark into one during your time at GDS. At the school, we ask that the students keep their relationships inclusive of everyone at the school. We understand you will connect better with some people than others, but rarely do we grow without learning to appreciate our differences. At the school, remember we are only as strong as a school as we are together as a group; keep your relationships inclusive and not exclusive.

Keep physical contact between the opposite sex to a minimum.

Guys and girls shouldn't be alone together, outside or inside.

Love each other as Christ loves you.

Communicate with love and respect.

If you have a problem with someone, talk with them about it (respectfully), and then if there is no resolution, come and talk with school leadership.

If you are in a relationship before coming to the school we don't want you to end it, we want to walk with you together through your experience and mentor you in this aspect. Remember though that you are at school, and you have responsibilities at school and with your host family that need to be accomplished.